

EUCCHARISTIC ADORATION



**St. John Vianney Parish has resumed
Eucharistic Adoration
of the Blessed Sacrament
MONDAYS
9:00 AM to 5:00 PM**

**Inside the church
In front of the Tabernacle**

The church teaches that prayer before the Lord, sacramentally present in the Eucharist, actually extends the union with Christ which the faithful have received in Holy Communion.

Private Adoration

The most important thing to realize about making a private Holy Hour is that you don't have to do anything. You don't have to say any particular prayers. All you have to do is be present to the One (Jesus) who is present in you.

Public Devotion

During times of Public Devotion, when the Blessed Sacrament is exposed, there should be prayers, praise & readings to direct the faithful to the worship of the Lord as well as to encourage a prayerful spirit.

How to Begin

You can begin by simply committing one hour (any Monday) to sit with Jesus inside the church in front of the Tabernacle. A Sign-up list is available inside the church.

Jesus must never be left alone.

We are fortunate and blessed to have this Holy Sacrament available to us. It consoles the Heart of Jesus and will bring Peace & Joy to you and others.

**For More Information,
Please Contact:**

Jean Pergande, 916-857-1695

There are several prayers that are especially suitable during Adoration. The Chaplet of Divine Mercy has a special place of honor because it is a continuation of the offering of the Mass for God's Mercy & God's Graces

**Chaplet of Divine Mercy will be recited
every Monday at these times:
9:00 AM and 3:00 PM**

**Inside the church
In front of the Tabernacle**