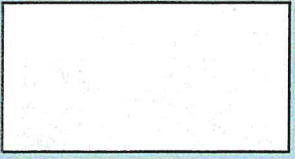


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**St. John Vianney Parish**  
  
  
**10497 Coloma Road, Rancho Cordova, CA 95670 • 916-362-1385 • www.sjvparish.com**

**MASS SCHEDULE**

**Weekend Mass**  
 Saturday Vigil English: 6:00pm  
 Sunday English: 8:00am, 10:00am  
 Sunday Spanish: 12:00pm  
 Filipino 2nd Sunday: 2:00pm  
 Indonesian 4th Sunday: 2:00pm  
**Weekday Mass**  
 Monday - Friday: 8:00am English  
 Wednesday: 6:00pm Spanish  
 1st Friday: 6:00pm Spanish

**Confessions**  
 Wednesday: 5:00pm  
 Saturday: 4:00pm  
 Or by appointment

**Adoration**  
 Monday: 8:30am - 6:00pm

**PARISH OFFICE HOURS**  
 Monday - Friday: 9:00am - 3:30pm  
 Closed: 12:30pm - 1:30pm

**SCHOOL OFFICE HOURS**  
 Monday - Friday: 7:00am - 3:30pm

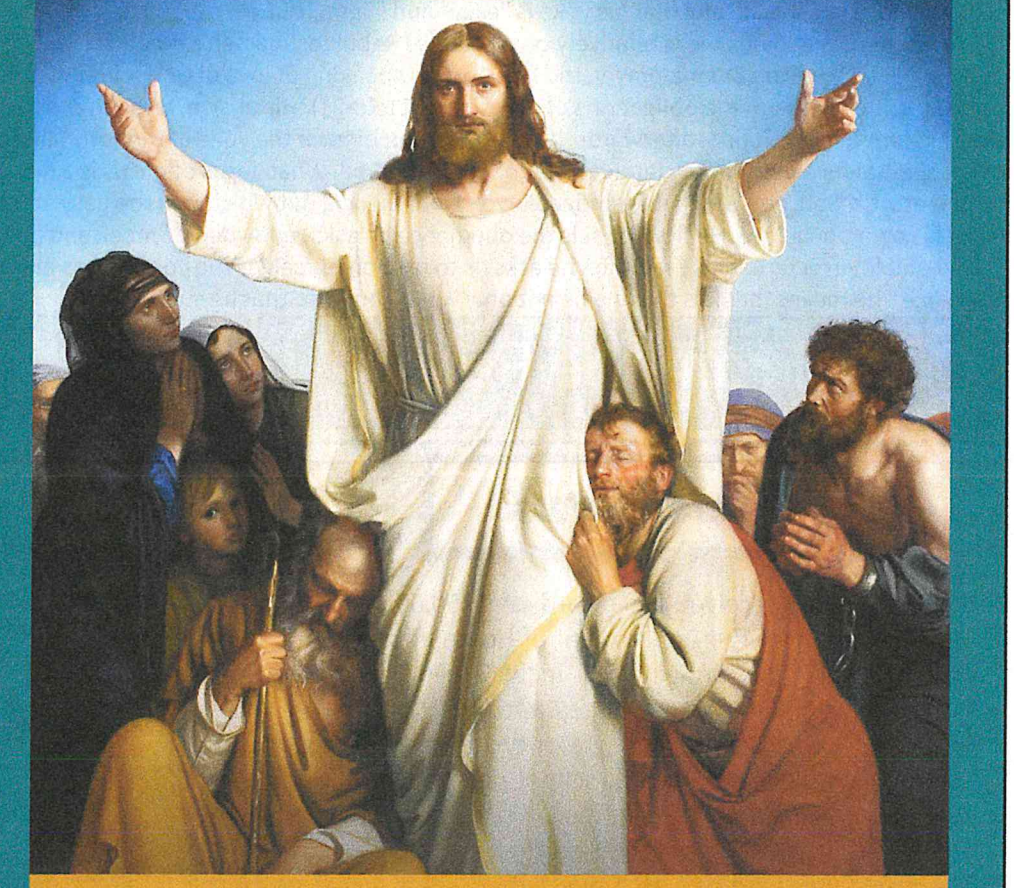
**ROOM RESERVATIONS**  
[hallreservations@sjvparish.com](mailto:hallreservations@sjvparish.com)

[parish.office@sjvparish.com](mailto:parish.office@sjvparish.com)

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JULY 9, 2023 | FOURTEENTH SUNDAY IN ORDINARY TIME



**14<sup>TH</sup> SUNDAY IN ORDINARY TIME**  
 "Come to me, all you who labor and are burdened, and I will give you rest." - Mt 11:28

**PARISH MISSION STATEMENT**  
 Devoted to Jesus Christ as disciples, we help others become disciples, and work to renew our culture.



# FORMED

## OUR VISION

That all who experience St. John Vianney Parish in any way find Christ irresistible.

July 9th 14th Sunday in Ordinary Time -Light Burdens — Formed.org.

**Review:** Sometimes we are tempted to think that it would be so much easier to believe in Jesus if we were living when he was on earth. Maybe ... but maybe not. Today's Gospel tells us that it has never been easy to understand all of Jesus's teachings, even for those who heard him in person. What, for instance, would the disciples have made of the saying "My yoke is easy and my burden light"? It's unlikely that they would have immediately understood what he was talking about. After hearing Jesus say these things, they probably discussed the teachings among themselves, puzzling over what he was truly saying. How can one man make everyone's burden light? And what is the yoke he is talking about?

In some ways, today we have it easier than they did because we know from Church teaching that Jesus was referring to the "yoke of faith," which makes our other burdens including illness, finances, difficult life circumstances, and anxiety easier to bear. It's not always easy to have faith, but when we bring our burdens to the Lord in faith, meekness, and humility, Jesus helps us carry them and in doing so, they become lighter and more bearable. The yoke of faith gives us rest from the cares of the world, and allows us to live more peacefully as children of God in the Kingdom of God.

**Featured study:** The Yoke of Jesus

**Reflection:** We sometimes puzzle over this image of the yoke, which is the mechanism used by farmers to bind draft animals to each other and to the equipment that they labor to pull. It sounds to us as though Jesus isn't doing us any favors by offering us such a yoke. He does say specifically that his yoke is "easy" and "light," but why should we want to be bound up like a draft animal, even if the instrument that binds me is relatively comfortable? Rabbi Joshua ben Korhah was asked once why it is that in the twice daily ritual of Jewish life called the Shema prayer, the first portion speaking of love of God and his word (Deuteronomy 6:4-9) should precede the portions which speak of the obligations of Jewish life (11:13-21). His answer was "so that one might accept upon himself the yoke of the kingdom of heaven first; afterwards, he accepts upon himself the yoke of the commandments." Thus, the yoke that Jesus speaks of is a symbol for a covenantal, familial relationship with God. What Jesus offers us is a new way to enter the kingdom of God, the covenant with God, one which does indeed involve obedience, but which is made easy and light because of the grace that he wins for us by his own obedience. He first models the obedience he asks for by being "meek and humble of heart." His own obedience to the Father and love for us comes first; then he asks us to take on ourselves the yoke he has already carried for us. When he says that it is "my yoke," he means that it is the one he not only wears, but also that he shares.

# Highlights

### BEREAVEMENT MINISTRY

#### FUNERAL NOTICES

Please check out SJV website and the church bulletin boards for announcement of funerals. The notices are posted at all church entrances as and when a funeral Mass is scheduled.

**JULY: For a Eucharistic Life**  
We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, deeply transforming human relationships and opening to the encounter with God.

Thank You  
**ADVERTISER OF THE WEEK**

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Sunday Bulletin	Deadline for Article Submission (No later than TUESDAY, 12NOON)
July 23, 2023	July 11, 2023
July 30, 2023	July 18, 2023
August 6, 2023	July 25, 2023

### PARISHIONERS REGISTRATION

**NEW MEMBER UPDATES** Registration forms available at Church entrances or online at: [sjvparish.com](http://sjvparish.com)  
Update your family info especially if you have moved, been married recently, changed your phone number or email address.

**MOVING** Please inform the Parish Office if you wish to be removed from our mailing list.

## From the Pastor

## SJV School

### Good News!

SJV Parish has received an award of \$150,000 from a federal grant from the Department of Homeland Security for churches. The project will include fencing along Coloma Road, 4 pedestrian gates and 3 car gates. The fence will add safety and security to the campus environment for parishioners, school children, staff and volunteers. Effective fencing will help keep St John Vianney Parish and School secure. The \$150,000 award will help offset the \$335,000 cost of erecting the fence and the gates, the remaining balance will be paid out of the Capital building savings account. The project is scheduled to start soon and hopefully will be completed by the end of the year. Progress reports will be posted in the Bulletin.

### Enrolling Students Now!

- TK- 8th Grades
- Faith-based Classrooms
- Full-day TK & Kinder
- Safe and Secure Campus
- Proven Academics
- Extra Curricular Programs
- Welcoming Community
- Financial Assistance

(916) 363 - 4610

St. John Vianney Catholic School students out-perform their public school counterparts when comparing standardized testing data. Not only are SJV students nurtured in their faith journey, socially and emotionally, but proven academically successful when assessed by STAR Standardized Testing. This data provides actionable information to teachers to help them identify what a class is ready to learn next as well as individual student areas of strength and opportunities for growth. To learn more about how SJV School prepares students in the classroom, in their faith journey and social-emotionally, please reach out to the school office at (916) 363-4610, Monday-Friday, 7:30 am -3:30 pm.

# NEVER MISS OUR BULLETIN!

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Have our bulletin emailed to you every week.





# Vatican News

By Deborah Castellano Lubov, Vatican City, June 25, 2023

## 'Pope at Angelus: Remain faithful to what counts, despite the cost'

Despite the cost, sacrifice, or fear involved, Jesus invites you to stay faithful to what counts, and He will take care of the rest. This was at the heart of Pope Francis' remarks to the faithful in St. Peter's Square during his Sunday Angelus address, as he encouraged the faithful to go against the tide and not hesitate to reject common thinking.

The Holy Father began his address by recalling that in today's Gospel, Jesus repeats to His disciples three times: "Do not be afraid." Shortly before, the Pope remembered, Jesus spoke to them of the persecutions they would have to endure for the sake of the Gospel.

The Pope observed that this reality is still relevant today, as the Church has known great joy, but also great persecution. "It seems paradoxical," he said, that "the proclamation of the Kingdom of God is a message of peace and justice, founded on fraternal charity and forgiveness, and yet it encounters opposition, violence, and persecution."

Jesus says to not be afraid, the Pope stressed, pointing out He does so "not because all will be well in the world, but because for the Father, we are precious and nothing that is good will be lost." Jesus says to be fearful, instead, of one thing: throwing one's life away, the Pope said. "One should not be so afraid of suffering misunderstandings and criticism, of losing prestige and economic advantages in order to remain faithful to the Gospel," he explained, "but of wasting one's existence chasing after trivial things, which do not fill life with meaning." (Read more on: <https://www.vaticannews.va/en.html>)

# Around the Diocese



World Youth Day is a call to all Catholic young adults to renew their faith in Christ and prepare themselves for the work of the new evangelization and we are celebrating World Youth Day here in the Diocese of Sacramento.

**When:** August 5 & 6, 2023

**Where:** Trinity Pines Retreat Center, Colfax, CA

**Who:** Young adults ages 18-39

**Cost:** \$25



Registration: <https://catholic.formstack.com/forms/wydstateside>  
Questions? Alex Barraza [abarraza@scd.org](mailto:abarraza@scd.org) 916-733-0134 [@sacdoysa](https://www.facebook.com/sacdoysa)

# Spirituality

## READINGS FOR THE WEEK

Sunday: Zec 9:9-10; Ps 145:1-2, 8-9, 10-11, 13-14 (see 1); Rom 8:9, 11-13; Mt 11:25-30

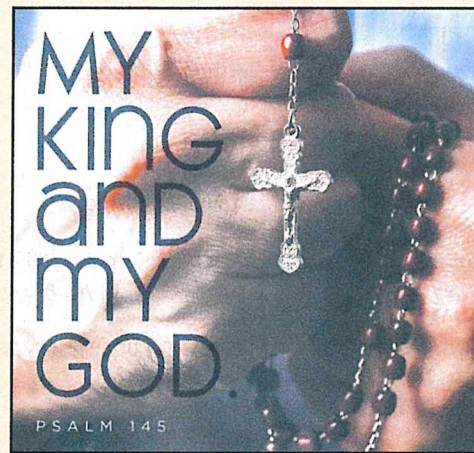
Monday: Gn 28:10-22a; Ps 91:1-2, 3-4, 14-15ab; Mt 9:18-26  
Tuesday: Gn 32:23-33; Ps 17:1b, 2-3, 6-7ab, and 15; Mt 9:32-38

Wednesday: Gn 41:55-57; 42:5-7a, 17-24a; Ps 33:2-3, 10-11, 18-19; Mt 10:1-7

Thursday: Gn 44:18-21, 23b-29; 45:1-5; Ps 105:16-17, 18-19, 20-21; Mt 10:7-15

Friday: Gn 46:1-7, 28-30; Ps 37:3-4, 18-19, 27-28, 39-40; Mt 10:16-23

Saturday: Gn 49:29-32; 50:15-26a; Ps 105:1-2, 3-4, 6-7; Mt 10:24-3



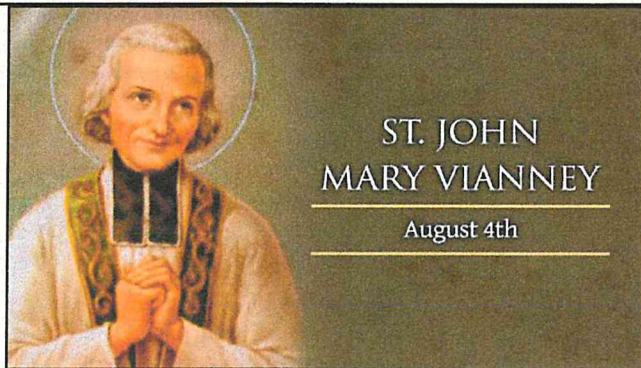
# Mass Intentions

## JULY 8- JULY 15, 2023

Saturday	6PM	Richard (Francis) Otto † Arturo Silvero †
Sunday	8AM	Judith Booms † Fritzie Elinoir Neri †
	10AM	Enrique Barcelona † Patricia Gualdoni †
	12NN	Julio Francisco Jimenez † Ramon Murguia †
	2PM	<b>SJV Parish Community</b>
Monday	8AM	John Coutinho † Doris Sesay †
Tuesday	8AM	Imelda Villamar † Marty Schmidt †
Wednesday	8AM	Milagros Mallari †
	6PM	Florina Nazario † Roberto Manuel †
Thursday	8AM	Lilly Thomas †
Friday	8AM	Helen Soo <b>Thanksgiving</b>
Saturday	6PM	Ana Zeller <b>Birthday</b> Armin Silvero †



# Parish Announcements



ST. JOHN  
MARY VIANNEY

August 4th

**Feast Of Saint John Vianney**  
August 4th, 2023

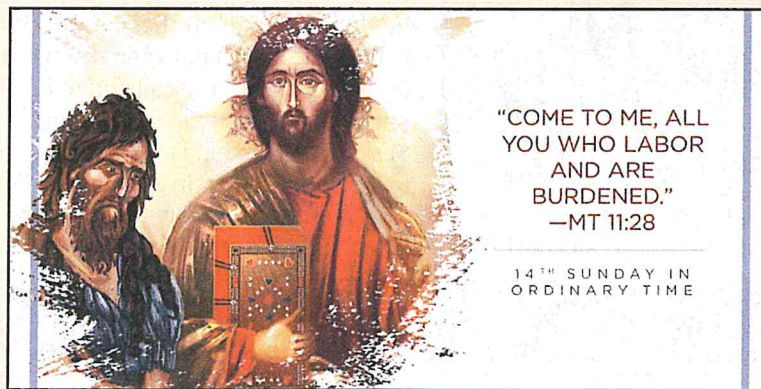


Come join us in celebrating the feast day of our parish's patron Saint.

**Novena**  
July 26 - August 3

**Feast of St John Vianney - August 4**

8:00am English Mass  
5:30pm Multilingual Rosary & Procession  
6:00pm Multilingual Mass



"COME TO ME, ALL  
YOU WHO LABOR  
AND ARE  
BURDENED."  
—MT 11:28

14<sup>TH</sup> SUNDAY IN  
ORDINARY TIME

## LOST AND FOUND

Fr. Moroney Room



Did you know that the SJV Fr. Moroney Room contains a LOST and FOUND area? Please check it out, for missing umbrellas, eye and sunglasses, ball caps, books, sweaters, lunch bags, earrings, pens and other items too numerous to mention.

# Stewardship Report

## SUNDAY OFFERTORY

July 2, 2023: TBA

Parish Building Fund \$168,165.70  
Roof Replacement \$143,963.60  
(Total Cost = \$171,667.00) (83.86%)



## CROSS CATHOLIC OUTREACH

July 8 & 9, 2023

This weekend we are blessed to be hosting a priest, Rev. Nghia Cao representing Cross Catholic Outreach. This official Catholic ministry was founded to link parishes in the U.S. with priests, religious brothers and sisters, and laypeople working in Church missions overseas. Its programs span the Caribbean, Africa, Asia, and Central and South America. Please be generous in your response to his appeal. Please be sure to say "hi" after Mass. Brochures with a donation envelope will be provided if you wish to support this worthy Catholic ministry. No second collection will be taken.

For more information on Cross Catholic Outreach, please go to [CrossCatholic.org/outreach](https://CrossCatholic.org/outreach) or text **BLESSINGS** to 474747.

# Parish Directory

## PARISH OFFICE

916-362-1385

Rev. Giovanni Gamas	Pastor	Ext. 140
Rev. Martin Moroney	Pastor Emeritus	916-362-1385
Mr. Walter Little	Deacon/Retired	916-362-1385
Mr. Daniel Rangel	Deacon/Active	916-368-9410
Linda Terra	Office Manager	Ext. 200
Gwendolyn Marshall	Receptionist	Ext. 100
Connie Cardwell	Receptionist	Ext. 100
Paolo Reali	Maintenance	916-216-1541
Veronica Zeller	Faith Formation Coordinator	916-369-8669

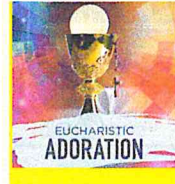
## SCHOOL OFFICE

916-363-4610

Amy Hale	Principal	Ext. 100
Susan Chargulaf	Vice Principal	Ext. 113
Sandra Canenguez	Admin. Asst	Ext. 102



## Ministries Spotlight



Every Monday in the Church  
**8:30am - 6:00pm**  
**8:30am - 7:00pm (1st Mondays)**  
 Divine Mercy Chaplet @ 9am & 3pm  
 with Benediction at the closing at 6pm.

### ROSARY FOR THE MILITARY

Second Sunday after 8am Mass

Come join us in praying for the members of the Armed Services and their families.

### MR. & MRS. CLUB

Meets 2nd Saturday, 7:30pm, Fireside Room (parish hall).

The club's purpose is the social enjoyment of its members. Its membership is open to any married couple from the parish. Social events are normally held on the fourth Saturday of each month. Come meet with us and have some fun!

For more information please call our membership couple:  
 Lloyd & Connie Lagerstrom 916-635-3865

### KNIGHTS OF COLUMBUS (K OF C)

Meets 2nd Wednesday, 7:00 PM, Fireside Room

Wives, sisters and mothers, the Knights need you. Many of our Knights got their start with encouragement and support from their spouse or family member. Is there a Catholic man in your life who could benefit from the fraternity of the Knights? The Knights of Columbus are Catholic men who make each other better Catholics and we have fun doing it. We like to call it "iron sharpens iron." Get your man off the couch and have them join the Knights. You won't be disappointed.

14TH SUNDAY IN ORDINARY TIME



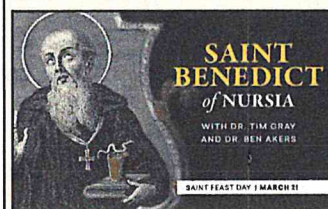
## FORMED

Saint Benedict

Dr. Tim Gray and Dr. Ben Akers discuss the Rule of Saint Benedict as it applies to daily life.

This Week on FORMED

July 9, 2023



To set up your free account visit [formed.org/signup](https://formed.org/signup) and select SJV parish.

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## Parish Ministries

### LEARN

**Adult Bible Study:** Meets every Wednesday, 6:30pm, Southwest Room. Email: [confirmationsjv@gmail.com](mailto:confirmationsjv@gmail.com) for more information.

**Faith Formation (English/Español):** Veronica Zeller 916-369-8669, [faithformation@sjvparish.com](mailto:faithformation@sjvparish.com)

**Catechesis of the Good Shepherd (CGS):** Rosamaria Alavarez, [CGS@sjvparish.com](mailto:CGS@sjvparish.com)

**OCIA:** Dr. Philip Eulie [ocia-english@sjvparish.com](mailto:ocia-english@sjvparish.com)

### LITURGICAL MINISTRIES

**Altar Servers, Children's Liturgy of the Word, Lectors, Extraordinary Ministers of Holy Communion**  
[sjvparish.com/serve/liturgical-ministries](https://sjvparish.com/serve/liturgical-ministries)

### SACRAMENTS

**Baptism and Preparation classes:** Veronica Zeller 916-369-8669, [faithformation@sjvparish.com](mailto:faithformation@sjvparish.com)

### SERVE

**Caring Connections:** Parish outreach to new parishioners. Linda Morales [caringconnections@sjvparish.com](mailto:caringconnections@sjvparish.com)

**Catholic Daughters of the Americas:** Diane McDonald 916-316-5625.

**Children's Liturgy of the Word:** Children ages 5-10 yrs. are welcome.

Contact: Lea Hernandez [clow@sjvparish.com](mailto:clow@sjvparish.com)

**Couples for Christ:** Leomi Ebalobo [couplesforchrist@sjvparish.com](mailto:couplesforchrist@sjvparish.com)

**Divine Mercy Apostolate:** Consuelo Cardwell

[divinemercy@sjvparish.com](mailto:divinemercy@sjvparish.com)

**Eucharistic/Homebound Ministry:** Jean Pergande 916-857-1695.

**Filipino-American Apostolate (FAA):** Linda Magadia

[faa@sjvparish.com](mailto:faa@sjvparish.com)

**Gabriel Project:** Outreach program to pregnant mothers and their families. Samantha Clark [gabrielproject@sjvparish.com](mailto:gabrielproject@sjvparish.com)

**Indonesian Catholic Community:** Lily NLN [icc@sjvparish.com](mailto:icc@sjvparish.com)

**Kairos Prison Ministry:** Tom Beigel 916-212-4694.

**Knights of Columbus Council #5322** Grand Knight Joseph Henderson.

**San Juan Diego Council #18706** Grand Knight Isidro Mendoza |

For more info, go to [www.ranchoknights.com](http://www.ranchoknights.com)

**Martha and Mary Ministry:** Gentle Touch Church cleaning.

Connie Lagerstrom 916-635-3865

**Mr. & Mrs. Club:** Lloyd & Connie Lagerstrom 916-635-3865.

**Music Ministry:** English Rouselle Ekwall [music2@sjvparish.com](mailto:music2@sjvparish.com)

Bill Githens [music@sjvparish.com](mailto:music@sjvparish.com) Spanish Guadalupe Rangel

[musica@sjvparish.com](mailto:musica@sjvparish.com) Rosa Duenas [sjv-coro@sjvparish.com](mailto:sjv-coro@sjvparish.com)

**Parish Advocate for Annulment:** Ross Viray

[rv.sjvparish.adv@gmail.com](mailto:rv.sjvparish.adv@gmail.com)

**Rancho Cordova Food Locker:** 916-364-8973

[carrie@ranchocordovafoodlocker.org](mailto:carrie@ranchocordovafoodlocker.org)

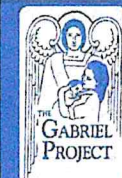
**St. Vincent de Paul:** Tom Beigel 916-469-1975

**SVDP Religious Goods Store:** Manalita Holcomb 916-363-4570

**Vocation Committee:** [voc-comm@sjvparish.com](mailto:voc-comm@sjvparish.com). For discernment

and vocations questions, go to: [sjvparish.com/vocation](https://sjvparish.com/vocation)

**Youth & Young Adults:** [yva@sjvparish.com](mailto:yva@sjvparish.com)



**PREGNANT? WORRIED? NEED HELP?**

You are not alone. We can help.

**The Gabriel Project**

Call: 1-800-910-0191

## Faith Formation

2023-2024

**Faith Formation Registration will continue on July 10!**

In the meantime, you are welcome to visit our web page for information.

Registration forms can be found here:

<https://sjvparish.com/learn/childrens-faith-formation-english>

**Faith Formation Office is closed and will reopen on July 10th.**

For information contact:

Veronica Zeller 916-369-8669

[faithformation@sjvparish.com](mailto:faithformation@sjvparish.com)

2023-2024

**¡Inscripciones continuaran el 10 de julio!**

Mientras tanto, se les invita a visitar nuestra página de web, donde puede encontrar la forma de inscripción:

<https://sjvparish.com/learn/formacion-de-fe-espanol>

**Oficina del catecismo está cerrada hasta el 10 de Julio.**

Para más información favor de contactar a Veronica Zeller 916-369-8669

[faithformation@sjvparish.com](mailto:faithformation@sjvparish.com)

## CATECHESIS OF THE GOOD SHEPHERD (CGS)



The Catechesis of the Good Shepherd is a religious program that uses a Montessori approach to help children form a closer and lasting relationship with God, and with Jesus, the only Son of God. Children at a very young age learn and listen to the word of God and the love without measure that Jesus as the Good Shepherd has for each of them. Registration is now open! If you have children between the ages of 2 ½ yrs and 6yrs, please give us a call and request an interview appointment to register your child in our program. Sessions will be held on Thursdays from 3:30pm to 5:30pm. The program will start on Thursday

September 7, 2023. Interview appointments are done in the month of August. Do not wait! Give us a call at (415) 430-52175 or e-mail us at [CGS@sjvparish.com](mailto:CGS@sjvparish.com).

## MEDITATION

# REST

“Come to me, all you who labor and are burdened.”

MATTHEW 11:28

## Sacramental Info

### Anointing of the Sick:

By appointment.

### Unción de los Enfermos:

Con cita previa.

### Baptisms:

English baptisms are held every 1st Saturday of the month at 9:30 am. Pre-baptismal classes are held online.

### Bautizos:

Bautizos en Español son cada 3er Sábado del mes a las 9:30 am. Clases pre-bautismales son el Domingo anterior al bautizo de las 9am-1pm.

### Marriage:

As a minimum requirement, couples must contact the parish office and set an appointment at least 6 months prior to the wedding date. Marriage preparation classes online.

### Matrimonio:

Se requiere que las parejas contacten a la oficina parroquial cuando menos seis meses antes de la fecha de matrimonio. Clases prematrimoniales son en persona.

### First Eucharist:

A two year family formation program preparation is required. Children must be a minimum of 6 years old. Classes run from September-May and registrations are open June-August.

### Primera Comunión:

Programa de dos años en el programa de formación familiar es requerido. Los niños deben tener 6 años cumplidos o más. Inscripciones son Junio-Agosto y las clases son Septiembre-Mayo.

### Youth Confirmation:

Candidates for Confirmation must be at least 12 years old and in 7th grade to start the program. A two-year religious education preparation is required prior to receiving the Sacrament.

### Confirmación para Jóvenes:

Candidatos para Confirmación deben de tener los 12 años cumplidos y cursar el séptimo grado. El programa es de dos años de educación religiosa antes de recibir el Sacramento.

### OCIA and Adult Sacramental:

For adults seeking one or more Sacraments of Initiation (Baptism, First Eucharist, or Confirmation). Sessions begin in the fall. Please contact the parish office for more information.

### OCIA y Sacramentos para adultos:

Para adultos que buscan uno o más Sacramentos de Iniciación (Bautizo, Primera Comunión y Confirmación). Clases comienzan en el otoño. Favor de contactar la oficina parroquial.