

WE WANT TO HELP YOU !!

*** * OTHER ASSISTANCE * ***

*** * HOUSING & MORE * ***

Sacramento Life Center

Sacramento, CA
Hotline : 916-451-2273
www.saclife.org

Sac Valley Pregnancy Clinic

24/7 Hotline
916-451-CARE (2273)

Alternative Pregnancy Center

1111 Howe Ave. Ste. 610
Sacramento, CA 95825
916-880-4040
Open Monday - Friday
www.alternativespc.org

Health Care for Women Medical Group

7601 Hospital Drive, Ste. 220
Sacramento, CA
916-689-3433 (Accepts Medi-Cal)
Ob-Gyn Care

Bishop Gallegos Maternity Home (BGMH)

South Sacramento
916-395-9370

WEAVE (24 hour Crisis)

916-920-2952

Sacramento Crisis Nursery

URGENT / Help & Care for children
Office in: North & South Sacramento
www.kidshome.org
(916) 679-3600 - North
(916) 394-2000 - South

Love Them Both Ministries

866-544-LOVE (5683)
www.ltbm.org

24/7 Sacramento County Services

* Dial 2-1-1

Wellspring Women's Center

3414 4th Avenue
Sacramento, CA 95817
916-454-9688
Nutritional breakfast, childcare & Counselors
www.wellspringwomen.org

Sacramento County Birth & Beyond

Family Resource Centers (birth to 5 years)
10665 Coloma Road, Ste. 200; Rancho Cordova, CA
916-394-6300

North Sacramento

Family Resource Centers (birth to 5 years)
916-679-3743
www.first5Sacramento.net

Safe Sleep Baby (free pop-up crib)

Pregnant moms in need
916-244-1900
www.first5Sacramento.net

Society of St. Vincent de Paul

Sacramento Assistance Programs
www.needhelppayingbills.com

California Women, Infant, & Children - WIC Program

1-800-852-5770

Sacramento Loaves & Fishes

1351 North C Street
916-446-0874
www.sacloaves.org

Rancho Cordova Food Locker

10497 Coloma Road, Rancho Cordova, CA
M, W, & Fridays (9:30 am - 1:30 pm)

Sacramento Self Help Housing (SSHH)

916-341-0593
Assists with process for Section 8 housing
www.sacselfhelp.org

Sacramento Steps Forward

to end homelessness in the Sacramento region.
www.sacramentostepsforward.org
1331 Garden Highway, STE. 100; Sacramento, CA
916-577-9770

Family Promise

* Network of local faith communities who provide
overnight(s) - shelter for families.
916-443-3107

St. John's Shelter (Women & Children)

4410 Power Inn Road; Sacramento, CA
916-453-1482

Womens-Empowerment (Homeless)

4410 Power Inn Road; Sacramento, CA
916-669-2307
www.womens-empowerment.org

Maryhouse

1321 North C Street; Sacramento, CA
916-446-4961
www.sacloaves.org

One Fathers Love

Need internet access
www.Onefatherslove.com

**PREGNANT NEED HELP ?
GABRIEL PROJECT
1-800-910-0191**

PRAYER FOR MOTHER AND CHILD

Heavenly Father,

Who has given us the great gift of life,
Bless and guide all pregnant mothers
that they might respect and cherish the gift of life
growing within them.
Help each mother to accept her child as an
irreplaceable gift from you.
Grant that all her needs be met.

Bless all children yet unborn. Watch over them
as they grow in the embrace of their mother's womb.
Form them and shape them that they might be
born healthy.
Grant that they might be welcomed at birth
with tender love and deep joy.
Amen.



St. John Vianney Parish-based Ministry
Rancho Cordova, CA 95670

Parish Coordinator: Claudia Beigel
Tel #: (916) 635-8399

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