#### WE WANT TO HELP YOU!!

#### \* \* OTHER ASSISTANCE \* \*

#### \* \* HOUSING & MORE \* \*

#### Sacramento Life Center

Sacramento, CA Hotline: 916-451-2273 www.saclife.org

#### Sac Valley Pregnancy Clinic

24/7 Hotline 916-451-CARE (2273)

#### **Alernative Pregnancy Center**

1111 Howe Ave. Ste. 610 Sacramento, CA 95825 916-880-4040 Open Monday - Friday www.alternativespc.org

# Health Care for Women Medical Group

7601 Hospital Drive, Ste. 220 Sacramento,CA 916-689-3433 (Accepts Medi-Cal) Ob-Gyn Care

# **Bishop Gallegos Maternity Home (BGMH)**

South Sacramento 916-395-9370

# WEAVE (24 hour Crisis)

916-920-2952

## **Sacramento Crisis Nursery**

URGENT / Help & Care for children Office in: North & South Sacramento www.kidshome.org (916) 679-3600 - North (916) 394-2000 - South

#### Love Them Both Ministries

866-544-LOVE (5683) www.ltbm.org

# 24/7 Sacramento County Services

\* Dial 2-1-1

# Wellspring Women's Center

3414 4th Avenue Sacramento, CA 95817 916-454-9688 Nutritional breakfast, childcare & Counselors www.wellspringwomen.org

# Sacramento County Birth & Beyond

Family Resource Centers (birth to 5 years) 10665 Coloma Road, Ste. 200; Rancho Cordova,CA 916-394-6300

#### North Sacramento

Family Resource Centers (birth to 5 years) 916-679-3743 www.first5Sacramento.net

# Safe Sleep Baby (free pop-up crib)

Pregnant moms in need 916-244-1900 www.first5Sacramento.net

# Society of St. Vincent de Paul

Sacramento Assistance Programs www.needhelppayingbills.com

# California Women,Infant,& Chidren - WIC Program

1-800-852-5770

### Sacramento Loaves & Fishes

1351 North C Street 916-446-0874 www.sacloaves.org

#### Rancho Cordova Food Locker

10497 Coloma Road, Rancho Cordova, CA M,W, & Fridays (9:30 am - 1:30 pm)

# Sacramento Self Help Housing (SSHH)

916-341-0593

Assists with process for Section 8 housing www.sacselfhelp.org

#### **Sacramento Steps Forward**

to end homelessness in the Sacramento region. www.sacramentostepsforward.org 1331 Garden Highway, STE. 100; Sacramento, CA 916-577-9770

# **Family Promise**

\* Network of local faith communities who provide overnight(s) - shelter for families. 916-443-3107

# St. John's Shelter (Women & Children)

4410 Power Inn Road; Sacramento, CA 916-453-1482

# **Womens-Empowerment (Homeless)**

4410 Power Inn Road; Sacramento,CA 916-669-2307 www.womens-empowerment.org

# Maryhouse

1321 North C Street; Sacramento, CA 916-446-4961 www.sacloaves.org

## One Fathers Love

Need internet access www.Onefatherslove.com

# PREGNANT NEED HELP? GABRIEL PROJECT 1-800-910-0191

# PRAYER FOR MOTHER AND CHILD

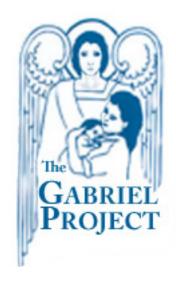
Heavenly Father,

Who has given us the great gift of life,
Bless and guide all pregnant mothers
that they might respect and cherish the gift of life
growing within them.
Help each mother to accept her child as an
irreplaceable gift from you.
Grant that all her needs be met.

Bless all children yet unborn. Watch over them as they grow in the embrace of their mother's womb. Form them and shape them that they might be born healthy.

Grant that they might be welcomed at birth with tender love and deep joy.

Amen.



St. John Vianney Parish-based Ministry Rancho Cordova, CA 95670

Parish Coordinator: Claudia Beigel

Tel #: (916) 635-8399

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